



Upcoming Events

Feb 16 – Axe TKD Promotion Testing - Youth Center	Jul 22 – USTF Technical Seminar – Broomfield, CO
Feb 18 - USTF Referee Seminar - Broomfield, CO	Aug 19 – Axe TKD Promotion Testing - Youth Center
Mar 25 – Maestas TKD Tournament - Arvada, CO	Aug 26 – Kirksville TKD Tournament – Kirksville, MO
Apr 22 – Axe TKD Tournament - Youth Center	Sep 9 – Promotion Testing - Broomfield, CO
May 13 – Axe TKD Promotion Testing - Youth Center	Sep 16 – TKD Tournament – Casper, WY
May 20 – USTF Breaking Seminar – Battle Ground, WA	Mid Oct – Sereff TKD Tournament – Broomfield, CO
Jun 24-25 – USTF National Tournament – Broomfield, CO	Nov 18 – Axe TKD Promotion Testing - Youth Center

So Many Training Opportunities! *By Sr. Master Todd*

You can look at the number of events planned for this year and perhaps be overwhelmed. “Back in the good old days” of the USTF, we had events almost every month. Then slow times set in, and we only had a few per year. As with any growing organization, training needs to accommodate the number of students throughout the USTF. Something is now offered every month to further your knowledge and skills in Taekwon-Do. Please look at this as a positive thing that shows the USTF is alive and is providing you with numerous opportunities. As a reminder, all students must compete in at least one tournament per year. Black belts must obtain at least 8 hours of credit, every year. This can be obtained by attending USTF course. We typically wrap our year in October with the last tournament of the year, Sr. Grand Master Sereff Championships in Broomfield. this event.

Of course, I don’t expect students to attend everything, but I urge all students to look at the events that are available and try to attend what works into your budget and time. I suggest you pick out those you can attend and train for that goal. Similar to training time in class, the more you attend the better martial artists you will become in Taekwon-Do. It will help the students with their self-confidence also.

I will do everything I can to ensure we keep your costs down. We typically carpool and can take any students that don’t have rides. Parents are welcome and encouraged to travel with us. We will put as many students in rooms together to keep down the individual costs, and we try to eat inexpensively while traveling. The purpose of the traveling is to support the USTF and allow students to enjoy in the art of Taekwon-Do outside of their home class while building relationships with other Taekwon-Do students around the world. Please let me know if you have any questions. You don’t have to be a “super star” to travel for these events. You compete against students of your own rank level and ages.

Please feel free to talk with some of our students that travel frequently to include: Ms. Bowling, Mrs. Ragone, Mr. Toppi, Ms. Ragone, A., Ms. Chamberlin, and Mrs. Chamberlin. I am listing these black belts because they typically attend all of the events. Don’t be intimidated to join us!

Axe Taekwon-Do Promotion Testing:

The next promotion testing date has been rescheduled for Thursday, February 16th and will start at 545pm. Since this is a class night all students, including the test board, will be in their TKD doboks. We will be passing out the testing forms within the next few classes. Remember students must know all their required knowledge, actively training (a minimum of 7 classes per month). Students that are not eligible for this testing will be considered again during the May testing cycle.



USTF Initial & Annual Membership Fees:

It is time again for the Annual USTF Maintenance Fees. The Initial Fee for USTF first time memberships is **\$75.00**. The Annual USTF Maintenance Fees are determined each year and for 2017 the fees are **\$75.00**. This fee is due no later than **Tuesday, February 28th**, payable to Mr. Bushor. The following discounts will apply:

Family discounts:

- 1st family member is \$75.00
- 2nd family member is \$50.00
- 3rd family member is \$25.00
- 4th family member is Free

All students Green Belt and above must be members of the USTF. Students who recently joined the USTF (since October) will not need to pay the maintenance fee this year. If you have any questions, please ask Mr. Bushor in class or at kbushor@cox.net.

Youth Center Feedback:

Throughout the year the Youth Center collects feedback on its programs to see how the programs are doing. Blank surveys are in the attendance binder. Please take a moment to complete one and turn it into the front desk. *Please note that you do not have to wait for these forms to give us feedback about Taekwon-Do; if at any time you have any questions, comments or complaints please email ustfneb@cox.net.*

USTF Referee Seminar:

Students that are traveling to USTF Headquarters on Friday, February 17th have been provided with the information necessary for this course. If you are attending this course please ensure you bring your dobok, sparring gear and pencil/pen and paper to take notes. If you are taking a test for initial certification or upgrade, you will receive a USTF Referee book. If attending for refresher training, please bring your book.

USTF Breaking Seminar:

Sr. Master Todd has been invited by Region 1, Washington, Master Mason to teach the USTF Breaking Seminar in Battle Ground, Washington on Saturday, May 20th. The course covers all aspects of breaking and will be held from 9 am to 4:30 pm. The cost is \$75 for the initial course and \$35 for a refresher. All students that are at least 12 years old can attend. While we understand the cost/travel may be prohibitive for some, this course is worth the effort and more importantly will increase a student's knowledge of breaking, preparing to break, conditioning, and supports the USTF. Currently airfare to Portland, Oregon is less than \$300.00. Please contact SM Todd if you are planning on attending. We had several students attend the Breaking Seminar in Salt Lake City recently. While we do have breaking in our normal classes, it is not the same as attending a USTF course and learning in this type of environment.

For your planning purposes: The first tournament for the year will be held in March and is hosted by Maestas TKD in Arvada, Colorado. This tournament is a great way to get you started for the year.

April 22nd will be our annual tournament here at Axe Taekwon-Do. While we don't make this a mandatory tournament we do need your support and attendance. Remember you have to participate in at least one tournament per year. This is an easy way to meet this requirement. There will be schools attending from Colorado, Wyoming, Kansas, Iowa, Mississippi and Missouri to name a few. It should be a great event.

June will see us going to the USTF Nationals in Colorado. This event is held every other year and features two full days of competition. If you are limited to attending only one out of the area event this year, this is the event to attend!

July will feature the USTF Technical Seminar. This event is for black belts only. Black belts will need to attend this seminar once per dan level. Example you are 2nd dan and want to test for 3rd dan. Sometime during your 2 years of training you have to attend this course. Then once you make third you need to attend again prior to testing for 4th. At this time this is begin developed to replace the instructor courses.

August will see us traveling to our sister school in Kirksville, Missouri. As you may know Missouri travels to our events and we strongly support theirs. It's only a 5-hour drive and we typically stay overnight after the tournament. More details later.

September will be a busy month. Mr. Bushor will be testing at USTF Headquarters in Colorado on Sept 9th. We will have a party later in Nebraska but all students are welcome to make this trip for his physical testing. There will be many black belts testing for different ranks and it will be an exciting event. Also in September is the Annual Casper TKD tournament in Wyoming. The Wyoming students will attend our tournament in April and this will be your chance to travel to Wyoming for a great event.

Sparring Gear:

The tournament season begins on March 25th in Arvada, Colorado. You will be receiving more information soon in a separate letter concerning all the tournaments this year. However, all dates that are known at this time are listed above. Now is the time to order new gear if you need it. You also will need sparring gear in class. Everyone is required to wear head, hand and foot gear and a mouth piece. Additionally, all male students must wear a protective cup. Shin and arm pads are encouraged (especially at the beginning), but are not mandatory. If you would like to purchase sparring gear, please contact Mr. Bushor at kbushor@cox.net or in class. Currently a full set of gear is \$69.00.

There is a full assortment of sizes and colors for the sparring gear. While we can sell you a mouth piece, you are better served to purchase from local sporting goods store to include Wal-Mart and Target. Your dentist can often make a custom fit piece for a small price.

USTF
INTERNATIONAL
TAEKWON-DO
CHAMPIONSHIP
2017

June 24th & 25th, 2017
Broomfield Middle School
Broomfield, Colorado, U.S.A.

For more information, contact USTF Headquarters
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www.USTF-ITF.com

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