



Upcoming Events

Sep 9th – Promotion Testing - Broomfield, CO	Nov 23rd – No Class Youth Center Closed - Thanksgiving
Sep 16th – Martin’s TKD Tournament – Casper, WY	Dec 16th – Black Belt Holiday Luncheon
Oct 7th – USTF Breaking Seminar – Kirksville, MO	Dec 21st – Class Holiday Party – Chili Contest
Nov 14th Axe TKD Color Belt Testing – Youth Center	Dec 28th-30th – No Classes Holiday Break
Nov 16th Axe TKD Black Belt Testing – Youth Center	Jun 24-29th 2018 – Sereff World Camp 2018

Kirksville Taekwon-Do Tournament: August 26th

We had a great time has 13 students travelled to the tournament August 26th! Sr. Master Todd led the group with Mr. Bushor, Mrs. Ragone, Mr. Toppi, Mr. Buckley, Ms. Chamberlin, Mrs. Chamberlin, Mr. Garber, D., Mr. Garber, A., Ms. Garber, Mr. Moore, N., Mr. Moore, M., and Mr. Jensen. This year we had several departure times and will probably offer the same opportunity in 2018. **There is only one tournament left for 2017!**



and witness this testing. We will have a celebration here in Nebraska, potentially on Saturday, September 23rd so everyone can join in celebrating this event with Mr. Bushor and Axe Taekwon-Do.

Wyoming TKD Tournament:

This is the last tournament for 2017!

Hosted by Casper Taekwon-Do and Grand Master Martin. This is the 18th Annual tournament on September 16th, 2017. We will plan rooms and rides for all interested. Due to distance, we will leave on Friday and return Sunday. The registration flyer is available at www.axetkd.com. We sent home a flyer and registration form on August 31st, 2017. This is an excellent event and we try to take students to support this event. Grand Master Martin always brings students to our tournament so it is important we show him the same support. <http://www.axetkd.com/PDF//Tournaments/Casper2017.pdf>



USTF Flash Contest:

Congrats to Ms. Lizzy Linder who was selected as the Grand Prize Winner for the 2017 Taekwon-Do Kids’ Art Contest sponsored by The T.K.D. Flash which is The National Newsletter of the United States Taekwon-Do Federation. Her artwork is featured on page 12 of the newsletter, congratulations Ms. Linder!



Breaking Seminar – Kirksville, Missouri

On Saturday, October 7th, Kirksville TKD will be hosting the USTF Breaking Seminar taught by Sr. Master Todd. This event is open to all ages and ranks that are yellow belt green stripe and above. For black belts this will also provide you with 8 hours of continuing education. All black belts must complete at least 8 hours of continuing education every year to be considered promotion eligible. Please let Sr. Master Todd know now if you plan on attending. The flyer for this event is located on our website at:

<http://www.axetkd.com/PDF/Event/MOFlyer.pdf>

Registration:

<http://www.axetkd.com/PDF/Event/Registration-Release.pdf>

Black Belt Testing – Colorado , by Sr. Master Todd

On September 9th, Mr. Bushor will be testing for 7th degree black belt, which will also promote him to master instructor status. There will be 24 other black belts testing at USTF Headquarters. Ranging from 9th degree, 8th degree and several testing for 7th degree and below. Sr. Grand Master Sereff will lead this event. I am honored to have my student, Mr. Bushor testing in front of Sr. Grand Master Sereff and the other Grand Masters. This event is open to all and I would invite as many as possible to attend



In 2018!! Sereff World Camp

The flyer is loaded on our webpage, listed below. This is a great summer camp and is a full week immersed in Taekwon-Do while training in the mountains of Colorado. Our goal as a class is to send at least a dozen students every camp. This camp is held every other

year. **If you have to pick one event to attend in 2018, this is it!** The cost is \$550 per student, but this covers a full week of training, your room and all your meals. You will not need any other money for the entire week! The first deposit of \$250 is due by 12/15/17. The balance of \$300 is due by 5/1/18. Sr. Master Todd will be one of the instructors at this event. Space is limited to the first **120 students** that register. We will be discussing more in-depth in class and I will schedule a meeting for any parents with questions. Please visit www.axetkd.com to download the flyer and registration form.

<http://www.axetkd.com/PDF/Event/USTFCamp2018.pdf>

Family Safety: Submitted in November 2008 by Mrs. Ragone

My favorite time of year begins at Thanksgiving and stretches through to New Year's Day. It is such an exciting time to spend with family and friends. The cold weather allows us time stay inside and get "reacquainted" with one another after busy summers and the start of a new school year. Just like many of you, the kids and I spend hours busily shopping through crowded malls and shopping centers, and traveling the highways to visit family and making those "pit stops" along the way.

While I take time relax and enjoy my family, I also find that this is an important time to tighten the reigns on the safety rules with my children. We follow the usual rules that most parents would. Children don't talk to strangers. Never leave the children unattended in the mall. Use the buddy system in the bathrooms. Stay within a "Giant Step" of me or hold my hand. Find an employee in the nearest store if you are lost and call security. Do not go anywhere with anyone you don't know.

Wouldn't you know that as children get older, they begin to question and ask, "What if?" "What if someone says you sent them? What if they use brother's name and say he is hurt? What if they say they say our dog, "Fido" needs our help? They know things about us. How do we know?" To answer those questions and any others they might challenge me with, our family developed a password. We chose a word that all of us could agree on, and it worked better to chose something familiar yet somewhat funny to remember. This is a word that only we know and won't share with our friends. Once the word was chosen, we role played a few times so that all three children understood the procedures. Ashleigh, the youngest, took the longest to understand how it would work, but now she has it

down. It did take us quite some time to work out all of the kinks, so be patient!

For us, it will work like this: In the event, I can't pick them up and send some one, they will be given the password. Before my kiddos go with them, they are instructed to ask, "Do you know the password?" That person must use THE WORD. If they don't know the word, my children know, I did not send them and will not go with them. Even if it is someone they know well-another parent, a friend of mine, or an instructor, the kiddos have been told not to go. They stay in that safe place and call me! Even Sr. Master Todd can not take them home from TKD class without knowing the password! I challenge each of you to create a family password. It eliminates the question "What if?"

This year, enjoy the holidays and your children. Keep them safe and aware. After all, they are our most precious gifts!

The Founder of Taekwon-Do: by Sr. Master Todd

What do you really know about the Founder of Taekwon-Do, General Choi Hong Hi? I am presenting this history in the next few newsletters due to the size of the article. Here is an abbreviated history of General Choi from his Encyclopedia of Taekwon-Do.



General Choi Hong Hi

Part 4

In late 1967, the author the President of the I.T.F. selected five instructors from the Armed Forces for Taiwan at the request of Generalissimo Chiang Kai Shek. This request was channeled through General Chung II Kwon then the Prime Minister of South Korea. In 1968, the author visited France as the chief delegate of the Korean Government, to attend the Consul International Sports Military Symposium held in Paris. Taekwon-Do was a major topic on the agenda. Delegates from 32 countries witnessed demonstrations of Taekwon-Do by a team of experts. That same year the United Kingdom Taekwon-Do Association was formed and the author visited Spain, the Netherlands, Canada, Belgium and India with the hope of spreading Taekwon-Do. When Choi returned to Korea he was presented with the first Sports Research Award from the Republic of Korea for his dedicated work on behalf of the Korean martial art.

In 1969 Choi toured Southeast Asia to personally investigate the preparations of each country for the First Asian Taekwon-Do Tournament that was held in September in Hong Kong. Immediately after the tournament the author undertook a worldwide tour of twenty-nine countries to visit instructors and gather photographs for the first edition of his previous book "Taekwon-Do" (copyright 1972). August 1970, the author left for a tour of twenty countries throughout Southeast Asia, Canada, Europe and the Middle East. Choi, of course held Seminars or international instructors every place he went and helped spread and weld the International Taekwon-Do Federation into a cohesive force.

During the months of November and December 1973, General Choi and a specially selected I.T.F. demonstration team, consisting of Kong Young II, Park Jong Soo, Rhee Ki Ha, Park Sun Jae and Choi Chang Keun all 7th degree black belts, toured Europe, Middle East, Africa and Far East. A total of 23 countries were visited and new I.T.F. branches established in 5 of these countries. The tour was an overwhelming success with a total of more than 100,000 people watching the demonstrations. At each stop, General Choi and the Demonstration team were hosted by ranking representatives of the local governments.

1974 was indeed an exuberant and long remembered year for Choi, because the founder of Taekwon-Do was not only able to proudly present the superiority of techniques as well as the competition rules of this art, but also to bring his dream into reality by holding the first World Taekwon-Do Championship in Montreal. November and December of this same year, he led the 4th International Taekwon-Do demonstration team consisting of 10 of the world's top instructors to Jamaica, Curacao, Costa Rica, Colombia, Venezuela and Surinam.

In 1975, Taekwon-Do alone had the privilege to demonstrate at the Sydney opera house for the first time since its opening. General Choi visited Greece and Sweden to conduct seminars later in this year. In the middle of 1976 he toured Iran, Malaysia, Indonesia and Europe to inspect Taekwon-Do activities, giving seminars at the same time. November of the same year, Choi went to Holland to declare the opening of the First European Taekwon-Do Championship held in Amsterdam. September 1977, the founder of Taekwon-Do visited Malaysia, New Zealand and Australia following the Tokyo meeting in which he publicly denounced the South Korean President Park Jung Hee who had been using Taekwon-Do for his political ends. Later that year he visited Sweden and

Denmark to aid in the formation of their National Associations of Taekwon-Do.

In May 1978, General Choi toured Malaysia, Pakistan, Kenya and South Africa accompanied by Rhee Ki Ha. In this year he led the 5th International Taekwon-Do Demonstration Team consisting of Choi Chang Keun, Rhee Ki Ha, Park Jung Tae and Liong Wai Meng to Sweden, Poland, Hungary and Yugoslavia. In June 1979, the All Europe Taekwon-Do Federation was formed in Oslo, Norway. After this historic event General Choi toured Sweden, Denmark, West Germany, France and Greenland accompanied by Khang Su Jong and Rhee Ki Ha. In November of that year he led the 6th International Taekwon-Do demonstration team consisting of Kim Jong Chan, Choi Chang Keun, Rhee Ki Ha, Park Jung Tae, Lee Jong Moon, Chung Kwang Duk, Kim Suk Jun and Michael Cormack to Argentina.

More history of General Choi will be presented in future newsletters.